

DRAFT for comment

Mentor's Guide to

Helping Students Use O*NET Interest Profiler

JDG Rev. 1/14/2021

Following is a narrative version of the steps involved. You probably should verbally go over this process with your students. They will receive a much abbreviated version of the instructions, but it is felt that they will absorb the fine points more readily if you discuss the process with them.

1. Go to <https://www.mynextmove.org/explore/ip>.
2. Note (for future reference) on this page a place to enter your scores
3. Read this screen and the next two, clicking on NEXT (lower right corner) to advance.
4. Click on NEXT and begin the Interest Profile questionnaire. **IMPORTANT POINT – DO NOT** use just the **STRONGLY LIKE** and **STRONGLY DISLIKE** answers. Think of it this way – If you would do the job for no pay, select **STRONGLY LIKE**; if you would do the job for minimum wage select **LIKE**; if you would do the job for a normal wage select **UNSURE**; if you would do the job if you were paid considerably more than regular wages select **DISLIKE**; if there is not enough money to get you to do the job, select **STRONGLY DISLIKE**. This will result in much better (more accurate) results.
5. Click through the profiler until you have answered all 60 questions.
6. Read the REVIEW page and revise any answers if you wish. Click NEXT.
7. **RECORD your RESULTS!! THIS IS IMPORTANT!** Store it in a place where you will be able to find it quickly anytime in the next five years. If you store it in your phone also write it down in case you lose your phone. You will have to repeat the test if you do not save your scores. Click NEXT.
8. Read the next three pages. Click NEXT.
9. Select a **JOB ZONE**. Job Zone Three (and maybe Two) will list jobs associated with a trade school or associates (2 year) degree or certification. Job Zone Four will list careers which usually require a four-year bachelor's degree. Job Zone Five will list jobs that require education beyond a four-year degree OR some level of experience in the field. Click NEXT.
10. Check to see that your score is correct. Click NEXT.
11. **PRINT OR SAVE THIS PAGE.** This page will list a group of careers that probably suit your interests and personality. You probably would find a good measure of satisfaction working in these or similar careers. This is NOT a “You must do this” list.
12. If you click on the name of a career you will be taken to a **DETAILED** description of the career. If you want even more information click on the link at the bottom of that page. You should do this for a number (4-6) of the careers on the list. The more the better. Remember that there may be a career that you have never heard of that is perfect for you. As you research each career make notes of what you like AND dislike about each career. Also note what kind of college preparation is required for these careers. Your mentor will ask you about this later.
13. If you see a gold sun in the column titled **BRIGHT OUTLOOK** following the career name it indicates that employment opportunities in this field are expected to be very good in the future.
14. It is possible to click **BACK** two pages, set a different Job Zone and then repeat steps 9 and 10.
15. You should end up with notes on what you like and dislike about 12-16 different careers, and the college work required to enter these fields.

Please review and comment to J. Grubbs ASAP.