

Students' Guide to Use O*NET Interest Profiler

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- 1. Go to https://www.mynextmove.org/explore/ip. Note (for future reference) on this page a place to enter your score when you come back to O*NET. Click on NEXT (lower right corner) to advance to the Profiler questions.
- 2. IMPORTANT POINT DO NOT use just the STRONGLY LIKE and STRONGLY DISLIKE answers. Think of it this way If you would do the job for little or no pay, select STRONGLY LIKE; if you would do the job for minimum wage select LIKE; if you would do the job for a normal wage select UNSURE; if you would do the job if you were paid considerably more than regular wages select DISLIKE; if there is not enough money to get you to do the job, select STRONGLY DISLIKE. This will result in much better (more accurate) results. Click through the Profiler until you have answered all 60 questions.
- 3. Click NEXT. RECORD your RESULTS!! THIS IS IMPORTANT! Store it in a place where you will be able to find it quickly anytime in the next five years. If you store it in your phone also write it down in case you lose your phone. You will have to repeat the test if you do not save your scores. Click NEXT. O*NET will NOT save your scores.
- 4. Read the next three pages. Select a JOB ZONE. Job Zone Three (and maybe Two) will list jobs associated with a trade school or associates (2 year) degree or certification. Job Zone Four will list careers which usually require a four-year bachelor's degree. Job Zone Five will list jobs that require education beyond a four-year degree OR some level of experience in the field. Click until you get a list of jobs. PRINT OR SAVE THIS PAGE. This page will list a group of careers that probably suit your interests and personality. You probably would find a good measure of satisfaction working in these or similar careers. This is NOT a "You must do this" list.
- 5. If you click on the name of a career you will be taken to a DETAILED description of the career. If you want even more information click on the link at the bottom of that page. You should do this for a number (4-6) of the careers on the list. The more the better. Remember that there may be a career that you have never heard of that is perfect for you. As you research each career make notes of what you like AND dislike about each career. Also note what kind of college preparation is required for these careers. Your mentor will ask you about this later. You should end up with notes on what you like and dislike about a number of different careers, and the college work required to enter these fields.